

# Build Your Own

## Salad Bar / \$9.45

A "build your own" 27 item salad bar complete with salad toppings, pasta, potato and fruit salads, and fresh baked muffins. Three choices of dressings available. Add soup (choice of two) \$3.25

## Made to Order Bowls / \$9.95



Made to order bowls from The WrapShack! Choice of protein, starch and sauce and we grill to order with our fresh vegetables. Includes your choice of fruit salad, caesar salad, or green salad.

## Baked Potato Bar / \$8.95

Start with a fresh baked potato. Load it with sour cream, chives, bacon, fire-roasted salsa, cheese and butter. Add a fresh tossed Caesar salad or choice of our freshly made hot soups, with rolls and butter.

## Taco/Tostada Bar / \$8.95

Chicken, slow cooked in a thick ranchero sauces with veggies, or our time-tested ground beef taco mix. Comes with rice, beans, chips, fire-roasted salsa, cabbage salad and more.

## Sandwich Bar / \$9.95

Fresh slices meats, cheeses and toppings with all the condiments. Your choice of pasta or potato salad, as well as choice of fruit salad or green salad. Chips included as well - great value!



# Appetizers

## Afternoon Delight / \$8.75

The perfect icebreaker! Teriyaki meatballs, wings of fire, international cheese board with cracker assortment, cascading fresh fruit display with raspberry yogurt sauce and vegetable crudité's with tangy cucumber dill dip.

## Stepping in Style / \$9.75

A hit at any party! Santa Fe rollups, international cheese board with cracker assortment, teriyaki chicken brochettes, bakes brie en crouete and vegetable crudité's with a tangy cucumber dill dip.

## About The Catering Group

Patrick Lipe has been a catering and restaurant owner for over 27 years. Through *The Catering Group*, Pat has served parties from 20 people to 5,000, at more than 3,000 events throughout the San Diego area. Much of his business is through repeat business and referrals.

Patrick and his wife Jenny opened *The WrapShack* in Santee in early 2017. Fresh food and new flavors are the foundation for "the shack" - which offers reasonable prices for breakfast, lunch and dinner. *The WrapShack* is the primary location for *The Catering Group*.

Call or email to order:

(619) 332-8319

Wrapshacksd@gmail.com

# The Catering Group

Since 1990, almost a quarter of a century, *The Catering Group* has been a full-service catering company centrally located in San Diego, California - and has now expanded to East County. Our menu offers you a "taste of the world"; a variety of ethnic food, unparalleled food quality and service, competitive pricing, aesthetically pleasing table setups and unparalleled "personal touch" service.

## Breakfast

### Breakfast Burritos / \$8.95

Choices of cheese, veggie, sausage or bacon burritos. Fresh fruit display or fruit salad. Served with orange juice and fresh brewed coffee. (deluxe burritos add \$1)

### Continental Breakfast / \$6.95

Assortment of muffins, pastries, bagels, donuts with condiments. Fresh fruit display or fruit salad. Served with orange juice and fresh brewed coffee.

"Happiness is a leisurely breakfast.

We can make that happen!"



Let us handle your Wedding, Graduation, Picnic, Birthday, Corporate Event, Family Reunions, Holiday Seasonal Catering, Super Bowl Parties, or just a gathering of good friends.

The Catering Group can provide drop off / set up service, or full service staffed catering for events. We easily accommodate early breakfast set ups and parties of all sizes for breakfast, lunch and dinner.



### Sunrise Special / \$9.95

Scrambled eggs, fire roasted salsa, home style potatoes, bacon and sausage along assortment of breakfast pastries. Served with orange juice and fresh brewed coffee. \*great value!\*

### Yogurt Parfait / \$6.95

Two flavors of yogurt with fresh fruit and granola, and an assortment of breakfast pastries. Served with fresh brewed coffee.

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# American Mexican

## Santa Maria Style Tri

**Tip / \$14.25**

Worth every penny. We slow cook and serve with mashed potatoes and gravy, salad, rolls and butter. Comes with BBQ sauce and teriyaki glaze.

## Prime Rib / \$17.95

Cooked to perfection and sliced to order, this meal comes with baked potatoes and all the trimmings. Perfect for that special occasion. Salad, rolls and butter complete this great entrée.

## Chicken or Steak

### Kabobs / \$10.95

Thick chunks of steak or chicken marinated overnight and stuffed on a bamboo skewer with veggies - charbroiled perfectly. Presented on a bed of rice and your choice of salad.



# Asian

## Steak or Chicken

### Teriyaki / \$9.45

Marinated steak or chicken stir-fry with fresh veggies and house teriyaki sauce. Comes with fried or white rice and our famous Chinese chicken salad.

## Enchiladas

- Pollo Y Carne / \$9.25
- Queso / \$8.95

Two corn tortillas stuffed with cheese, meat or chicken. Cheddar and jack cheese, plus green chiles are combined to make this zesty dish. Comes with rice, beans, chips, fire-roasted salsa, cabbage salad and more.

## Chicken or Steak

### Fajitas / \$9.95

Marinated chicken or steak with sautéed veggies, piled high on flour tortillas. Comes with rice, beans, chips, fire-roasted salsa, cabbage salad and more.



## Build Your Own


### Taco & Tostada Bar / \$9.25

Chicken, slow cooked in a thick ranchero sauces with veggies, or our time-tested ground beef taco mix. Comes with rice, beans, chips, fire-roasted salsa, cabbage salad and more.

# Greek

## Lemon Baked

### Chicken / \$10.45

Large ¼ chicken baked in lemon juice and spices. This popular dish comes with herb rice, Greek salad plus pita bread and Tzatziki sauce. 

# Italian

## Lasagna / \$8.95

Choice of meat and cheese plus salad, rolls and butter (add \$0.75 for meat)

## Baked Ravioli / \$8.95

Beef or cheese stuffed raviolis baked within layers of cheese and marinara. Comes with choice of salad, plus rolls and butter.

## Chicken Picatta / \$9.95

Breast of chicken sautéed with white wine, lemon juice, and capers. Comes with choice of starch and salad.

## Chicken Marsala / \$9.95

Breast of chicken sautéed with white wine, fresh garlic, mushrooms, onions and tarragon, along with a brown sauce. Comes with choice of starch and salad.

# BBQ



## Old West BBQ / \$11.25

Choice of two: burger, quartered chicken or hot dog. Comes with ranch style beans, pasta salad, potato salad, coleslaw, chips and fresh baked cookies. Lots of food!

## Santa Fe Menu / \$12.25

Thin sliced carne asada barbequed to perfection. Served with warm flour tortillas, Spanish rice and vegetarian refried beans. Comes with Mexican salad, tortilla chips, fire-roasted salsa, shredded cheese, sour cream, guacamole, shredded lettuce, olives and more

# Lunch



## Wrap Variety Pack / \$6.00

A variety of fresh made wraps from The Wrapshack! Cut in halves or thirds to mix and match.

## Wrap City! / \$9.95

Your choice of fresh made wraps from The Wrapshack! Hot or cold – cut in halves or thirds to mix and match. Includes your choice of pasta or potato salad, as well as choice of fruit salad or green salad. Chips included – great value!

## Box Lunch / \$9.45

Pre-made sandwich of choice with condiments, potato salad, fruit salad, chips and a cookie.

## Sandwiches Galore / \$9.45

Either “build your own” or pre-made, we include all the condiments such a lettuce, tomatoes, pickles, onion, pepperoncini, mustard, mayo, cheese, etc. Your choice of pasta or potato salad, as well as choice of fruit salad or green salad. Chips included – great value!

# Drinks



Bottled Soda/Water / \$1.75

Hot or Iced Tea / \$1.25

Lemonade / \$1.25

Fresh Brewed Coffee / \$1.25

# Desserts

Cookies \$1.10

Cakes \$2.75

Brownies \$1.50

Fruit Tarts \$3.75

